Name: _____   Date:_____

CREC Academy of Computer Science & Engineering
Restorative Reflection Sheet

1. What happened?

    _____
    _____
    _____
    _____

2. What were you thinking at the time?

    _____
    _____
    _____
    _____

3. How were you feeling at the time?

☐ Angry	☐ Excited	☐ Confused	☐ Sad
☐ Anxious	☐ Happy	☐ Scared	☐ Disappointed
☐ Embarrassed	☐ Tired	☐ Irritated	☐ Disengaged

    Other:_____

4. How are you feeling now?

    _____
    _____
    _____
    _____

5. What did you need at the time?

    _____
    _____
    _____
    _____

Name: _____   Date:_____

6. Who did your actions affect? (Check all that apply)

☐ Students
   Name(s)_____

☐ Teacher(s)
   Name(s)_____

☐ Administrator(s)
   Name(s)_____

☐ Para(s)
   Name(s)_____

☐ Other
   Name(s)_____

7. How did your actions affect them?

_____
_____
_____
_____

8. If the situation were to happen again, what would you do differently to have your needs met?

_____
_____
_____
_____

9. What can you do now to make things right?

_____
_____
_____
_____

10. Who should participate in repairing the harm that was caused?

_____
_____
_____
_____